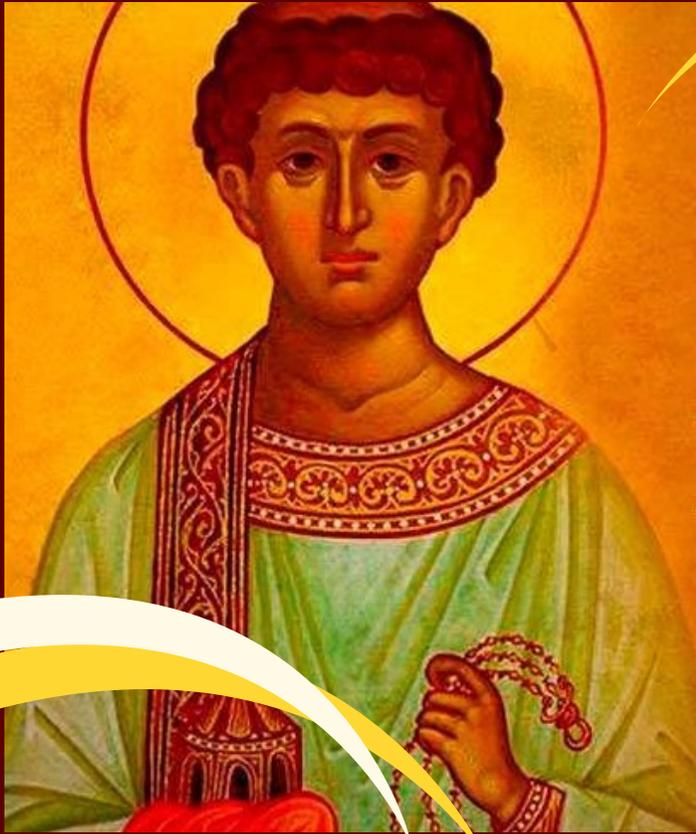


CHURCH OF THE TRANSFIGURATION

TOGETHER DESPITE THE MILES

Easter 5



STAYING CONNECTED

SUNDAY VIRTUAL WORSHIP
10AM

THURSDAYS 7PM BRIEF

TEACHING AND CATCH UP

What is faith? Look at Stephen

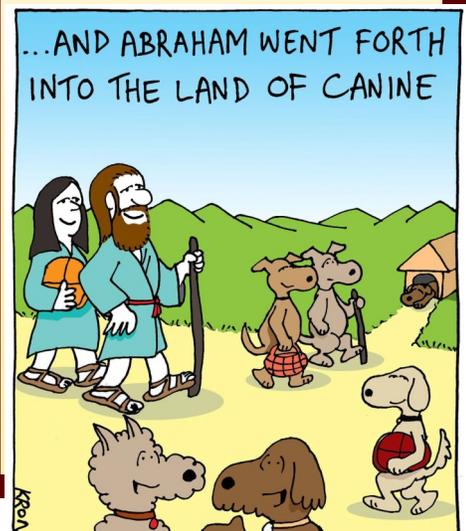
The Episcopal Church remembers saints and holds up their lives as advertisements for following Jesus. While some of their earthly lives may not end so well, the way they lived their lives can help us to be better disciples. Take a look at Stephen. His love for Jesus and his drive to bring Christ's love to the world could not be stopped. He was the first mobile food pantry, delivering food to the elderly and lonely. He shared his faith and spoke easily to others about Jesus....so easily in fact he has the longest speech in the Book of Acts! Back in those days, folks in power did not take too well to being told about Jesus and so, they found a way to shut him up. Stephen had his life ended by stoning, making him the first martyr. However he never gave up in believing in Jesus. His faith remained "rock" solid. In fact, his last words were to Jesus and the last thing he saw...was Jesus. If Stephen were asked what is faith, he would reply: Faith means that you trust God with your life

NEED A HAND

Remember if you show signs of COVID-19 we can help. We deliver food, we drive to appointments and we do a host of other things.

LEND A HAND

Bored from staying at home? Check out the website for volunteer opportunities.



Transfiguration persevering in the face on COVID-19

more than you trust yourself. It means that you trust God's timing even when you're running out of patience. It means that you will love God with all your heart even if you don't understand God. It means that even when you question God, you still believe in God, even when you're tired from everything that has come your way, you sleep with your mind at ease because you know God has your back and is right there beside you...no matter what.

May our faith be strengthen by the example set by Stephen.

Rev. Michele+

On the Lighter Side

- 1.. What kind of car does Jesus drive?
- 2.How does Moses make his coffee?

Find God in Your Day

The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and to discern his direction for us. Take a few minutes to reflect on your day with these five questions.

1. *Become aware of God's presence.* Find a comfortable place where you can secure ten or fifteen quiet minutes. Close your eyes and relax your body.
2. *Review the events and experiences of the day* with gratitude to understand how God is acting in your life. Move through the day as if you were watching it on video.
3. *Pay attention* to the feelings that your experiences evoke. Ask what God is saying through these feelings.
4. *Choose one feature of the day, reflect upon it, and pray from it.* How are you discovering God in the midst of your daily life? Are you drawing closer to God or further away?

Look toward tomorrow.

Ask God to give you light for tomorrow's challenges.

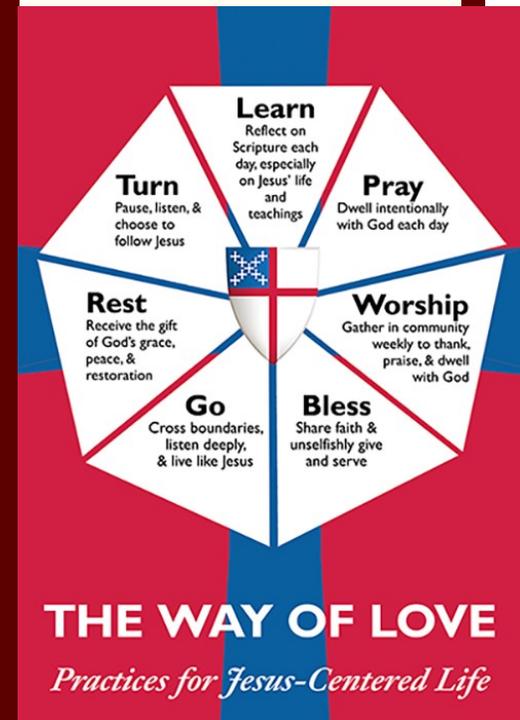


Try Out Ignatian's Way

How about a 3 minute retreat? Whether you are working remotely or growing tired of being cooped up I invite you to go to:

<https://www.loyolapress.com/3-minute-retreats-daily-online-prayer/>

Practice the Way of Love



Check out additional resources at:
<https://episcopalchurch.org/way-of-love>

Lighter side.

Answer 1. A Christler.

Answer 2. He-brews it.